



## Inspired Minds ECC Workshops Topics

### Connect ~ Play ~ Inspire

At Inspired Minds ECC, we are committed to supporting educators on their professional learning journeys through rich, reflective, and deeply meaningful experiences. Our workshops are designed to strengthen early learning practices, deepen knowledge, and champion children's rights to high-quality, play-filled programs.

Each session is hands-on, interactive, and intentionally crafted to go "Beyond the Basics"—offering practical strategies, inspiring ideas, and ready-to-use tools that educators can implement right away. Through reflective dialogue, collaborative learning, and playful exploration, participants gain confidence, clarity, and renewed enthusiasm for their work with young children.

Standard workshops are 2 hours, with the option to extend to 3 hours for teams who want to dive deeper into strategies, tools, and in-depth reflective discussion. No matter the format, each experience blends professionalism with joy, ensuring your team leaves inspired, empowered, and ready to elevate their practice.

Online or in-person delivery is available.

#### Child Focused Workshops

1. **Adventures of Play:** Exploring Risky Play
2. **Approaches to Play:** Exploring Play Schemas
3. **Beautiful Oopsies:** Exploring the Creativity of Open-Ended Art Experiences
4. **Brain Architecture Game:** The Powerful Role of Positive Relationships with Young Children
5. **Build It Up!** Designing Creative Block Spaces
6. **Caring Connections:** Interactions that Matter
7. **Creating Magical Spaces:** Inspiring Early Childhood Environments
8. **NEW! Cultivating Safety in Early Childhood Programs:** Responsive & Reflective Active Supervision
9. **Curiosity and Wonder of Treasure Baskets:** Infant and Toddler Play Explorations
10. **DAP Trivia Time:** Understanding Best Practices in Child Care
11. **NEW! Elevating Sensory Play:** Designing Multidimensional and Immersive Sensory Play Experiences
12. **Exploring Hygge:** Creating Spaces that Foster Happiness, a Sense Belonging and Togetherness
13. **NEW! Fostering Autonomy, Agency and Independence in the Early Years!** Empowering Young Children Through Choice, Voice, and Confident Action
14. **Inspiring Curiosity to Play:** Creating Provocations and Invitations to Play
15. **Laughter and Learning with ABCs:** Creating Joy through Language and Literacy Play Experiences
16. **Let's Move!** Including Movement & Active Play Everyday
17. **NEW! Listening to the Land:** Deepening Nature Play Through Land-Based and Place-Based Practices
18. **Look at Me Grow!** Celebrating Children's Growth and Learning Through Children's Journals, Stories and Portfolios
19. **Mighty Transitions:** Discovering Transitions that Work
20. **No Waiting! Get Them Shaking:** Exploring and Extending Engaging Transitions
21. **Redefining Circle Time:** Moving Beyond Adult-Directed Group Times with Young Children
22. **NEW! Roots, Rhythms & Play:** Enriching Children's Outdoor Experiences
23. **Shake, Rattle and Roll!** Creative Music and Movement Experiences for Young Children
24. **Storytime Success:** Creating Memories Through Storytelling
25. **The Inner Child!** Developing the Spiritual Well-Being of Every Child
26. **The Magic of Loose Parts:** Promoting Play with Loose Parts
27. **The ME, The You, The We:** Facilitating Social-Emotional Learning

- 28. **NEW! The Sensory Responsive Environment:** Designing Inclusive, Sensory-Rich Environments for All Children
- 29. **The World is a Stage!** Inspiring Creativity through Dramatic Play
- 30. **Tinkering and Toying with STEM:** Exploration and Discovery Through STEM, STEAM & STREAM
- 31. **We Are Family!** Building Stronger Connections with Families
- 32. **Which Way to the Brain?** Brain Smart Strategies to Support Early Learning and Development

#### **Diversity, Equity & Inclusion Workshops**

- 33. **Anti-Biased Celebrations:** Understanding the Anti-Biased Approach to Celebrations in the Early Learning
- 34. **Beautiful Minds:** Caring for Children with Neurodiversity
- 35. **We All Belong:** Inclusive Practices in the Early Years
- 36. **What a Wonderful World:** Creating Culturally Diverse Environments in Childcare

#### **Understanding & Guiding Children's Behaviours Workshops**

- 37. **NEW! Nurturing Self-Regulation in Early Childhood:** Co-Regulation, Connection and Calming Practices for Big Emotions
- 38. **From Crying to Smiling:** Understanding Challenging Behaviours
- 39. **The Third Teacher:** Creating Responsive Environments to Support Children's Behaviours
- 40. **The Daily Struggle:** Facilitating Conflict Resolution
- 41. **Know No No's:** Understanding Positive Guidance Strategies (3 hours)

#### **Pedagogical Workshops**

- 42. **Unlocking the Magic of Emergent Curriculum:** An Introduction to the Emergent Curriculum Approach
- 43. **Observing Play with Intention:** Enriching Your Skills in Observations with the Emergent Curriculum Approach
- 44. **Playful Planning:** Exploring the Planning Process with the Emergent Curriculum Approach
- 45. **Reflections of Playful Learning:** Making Children's Learning Visible with the Emergent Curriculum Approach
- 46. **Enriching Your Emergent Curriculum Approach:** (6 hour PLD)
- 47. **Protectors of Play:** Valuing the Pedagogy of Play
- 48. **NEW! The Power of Pause!** The Rhythm of Slow Pedagogy

#### **Focusing on Early Childhood Educators and ELCC Teams**

- 49. **Active Listening:** Surviving Difficult Conversations with Colleagues
- 50. **Bringing the Village Together:** Team Building Practices for Early Childhood Organizations
- 51. **Building Stronger Team Together:** Effective Team Communication in Early Childcare Programs
- 52. **Finding Calm in the Chaos:** Importance of Self-Care for Early Childhood Educators
- 53. **Leading with Advocacy:** Professionalism and Ethics for Early Childhood Educators
- 54. **Managing Stress:** Finding Balance at Work and in Life
- 55. **The Journey of Learning:** Reflective Practices of an Early Childhood Professional