

Illuminate

Early Childhood Conference 2024

PRESENTED BY THE
**ALBERTA EARLY CHILDHOOD
PLAY CONNECTION NETWORK**

NOVEMBER 16, 2024

KEYNOTE SPEAKERS

- ★ SHERRY DUNCAN
- ★ MICHELLE CEDERBERG
- ★ RICHARD COHEN

📍 Wyndham Hotel and Conference Centre
Edmonton, AB



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PLATINUM SPONSOR



Inspired Minds
Early Childhood Coaching & Consulting

Connect ~ Play ~ Inspire

Inspired Minds strives to inspire, support, and provide early childhood professionals with a Playful approach to professional development needed to promote and sustain high-quality care and build awareness of Play and professional practices in the Early Learning community.

Our Motto: Connecting our community of early childhood professionals to inspire them on their learning journey through playful, inspirational, and reflective training and development opportunities.



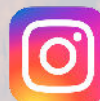
inspiredmindsecc.ca



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Inspired Minds ECC



protectorsofplay

CONFERENCE AGENDA

Saturday, November 16, 2024

7:30 - 8:30	Doors Open
8:30 - 9:00	Welcome & Land Acknowledgement
9:00 - 10:30	Session 1: Reconnecting with My Why with Sherry Duncan
10:30 - 11:00	Social Networking Break
11:00 - 12:30	Session 2: Success-Energy Equation with Michelle Cederberg
12:30 - 1:30	Lunch
1:30 - 3:00	Session 3: The Heroes of Our Time with Richard Cohen
3:00 - 3:30	Social Networking Break
3:30 - 4:00	Appreciations Ceremony
4:00 - 4:30	Entertainment
4:30 - 5:15	Illuminate Play Awards/ Games & Prizes
5:15 - 5:30	Closing Thank You Speech

CONFERENCE FEES

Early Bird Rate: August 15 - September 30

- \$135.00 (+GST) per person
- 10% off table rate (includes 8 registrations): \$972.00 (+GST)

Regular Registration: October 1 - November 1

- \$150.00 (+GST) per person
- 10% discount for table rate (includes 8 registrations): \$1080.00 +GST

PD Funding & Time Release Funding

The Illuminate Early Childhood Conference is approved for PD Funding a six hours of time release funding to eligible participants.

To learn more, visit: <https://www.alberta.ca/alberta-child-care-grant-funding-program>



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CONFERENCE KEYNOTE SPEAKERS & SESSIONS

Welcome to our Illuminate Early Childhood Conference 2024!

Welcome to our Illuminate Early Childhood conference, where fantabulous speakers await to ignite your passion for early childhood education and Play! Our lineup is not just impressive but truly extraordinary, featuring a diverse array of voices, knowledge and experiences. These insightful leaders are excited to share their insights, engage with you, and learn from your perspectives. Prepare yourself for a journey of inspiration, connection, and emotion as we come together to Illuminate Early Childhood!

We also want early childhood educators to know they are valued, seen and heard, which is why we're including some special events that appreciate YOU! Come to learn and be inspired...stay to connect and feel valued!

Sherry Duncan



Sherry Duncan, Early Childhood Indigenous Navigator – leadership and professional development focused on best practices with children, families and holding space for those who embrace them (providers, educators, teachers, parents, agencies, other professionals).

Sherry is a beloved speaker, storyteller and educational teacher. She brings a wealth of experience on her 36 years of dedicated work. Sherry has sat at the table with innovative thinkers, surrounded herself with creative artists and uses current research to inform her practice. Building relationships, using trauma-informed practices and “reconcilli-action” are at the core of her many lived experiences with children, families and adult learners. Through stories and conversations, her presentations will have you laughing, sharing, and thinking deeply about the important work we do.

Exploring your Purpose: Begin with My Why

People typically recognize “What” early childhood professionals do. We care for children and provide a valuable service to families. The service we offer is providing quality care for infants to school aged children in any number of different settings. From day homes, day care, preschools, playschools, to child care centers and school age care. We often recognize “How” this is done. The things that must happen such as the care, observations, reflections, interactions, health and wellness for example. How a child care center cares for the children (their philosophy) sometimes sets them apart for each other. This is understood and commonly laid out in the program plan and parent handbooks. Very few educators evaluate the “Why”. Exploring your purpose, your beliefs and values will help you reignite your passion for the important work you do. Inspired early childhood educators who understand their why are more likely to lead boldly and creatively. This workshop will help early childhood educators explore their purpose by beginning with Why.

- Connect with your own play and creativity
- Connect with other early childhood educators to articulate beliefs and values
- Develop a personal statement that explores your purpose as an early childhood educator

CONFERENCE KEYNOTE SPEAKERS & SESSIONS

Michelle Cederberg

Michelle Cederberg, CSP, HoF, MKin, Health and Productivity Expert, Coach, Author, Hall of Fame Speaker.

For over 20 years, Health and Productivity Expert Michelle Cederberg has captivated audiences across North America with her empowering and humorous messages that educate busy, driven professionals about how to set chase worthy goals, revive energy, and ignite high performance.

As an in-demand author, coach, and consultant, she believes that success is directly influenced by how well we harness the physical, mental and emotional capacity we each have within us. She enthusiastically calls on science to help people boost that capacity, so they can work and lead with confidence, and create the life and career they want.

EDUCATION & FOCUS: Michelle holds a Masters in Kinesiology, a BA in Psychology, a specialization in Health & Exercise Psychology, is a Certified Speaking Professional, Certified Exercise Physiologist and a High-Performance Coach. In 2023 she was inducted into the Canadian Speaking Hall of Fame. She truly combines mind, body and practicality to inspire change.

BEST SELLING AUTHOR & INFLUENCER:
Michelle is the author of four books. Her latest publication “The Success-Energy Equation” debuted as a bestseller in October 2020 – helping to revolutionize the idea that burnout and stress don’t have to be part of success.

The Success-Energy Equation: Beat Burnout. Harness your Energy. Streamline Success

In this high-energy keynote, Health and Productivity Expert Michelle Cederberg shares research from her latest book *The Success-Energy Equation*. After years of studying top-in-class professionals she’s uncovered obvious, though rarely recognized, or exercised ways to streamline success, reduce stress and eliminate exhaustion.

From fail-proofing your routines, to clarifying your goals, and finally breaking free from the traps of distraction, Michelle uncovers a powerful combination of scientific facts, health truths, and laughable human behaviors that when implemented, will set you apart from the average ambitious individual and help you solve your own personal formula for success in profound ways.

- Develop a clearer understanding (and newfound sense of humor) about where your energy is being ‘poured, invested or drained’.
- Learn how to overcome common barriers like distractions and bad habits, to become more consistent with your goals and outcomes.
- Discover four science-backed variables that can significantly impact your goals, confidence, productivity, and success.
- Streamline, optimize and eliminate unnecessary stressors to boost productivity and drive you, and your company, to new levels of true success.



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PLATINUM SPONSOR



SIGIS Child Care Society just celebrated its' 30th Anniversary as a non-profit child care society. SIGIS is committed to creating an environment that partners families and educators together to support the inclusion of all children within the community by delivery high quality child care. SIGIS continuously strives to improve by embracing the opportunity to learn and grow.

SIGIS Child Care Society currently operates 22 locations within St. Albert and provides child care to over 1500 children (0-12 years) while employing 200 dedicated Educators. Educators at SIGIS are viewed as professionals. They receive a Pension & RRSP Plan, Health Benefits and an amazing Professional Development Plan.

SIGIS Child Care Society is dedicated to providing professional development opportunities to Educators within the field and is proud to be supporting the Illuminate Conference.



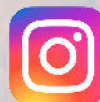
<https://www.sigischildcare.ca/>



sigischildcare@shaw.ca



SIGISchildcaresociety



SIGISchildcaresociety

CONFERENCE KEYNOTE SPEAKERS & SESSIONS

Richard Cohen

Richard Cohen, M.A., has proudly been an early childhood professional for almost forty years.

For the last twenty five years, Richard has traveled the world as a consultant, coach and motivational speaker/instructor, facilitating fun, innovative, thought-provoking, interactive, inspiring adult learning experiences for communities of early childhood teachers, administrators, caregivers and parents. He has delivered the keynote address and sessions at over 400 international, national, regional, state and local early childhood conferences around the globe, laughing, learning, crying, singing and dancing along with his audiences.



Additionally, he curates his viral social media presence, “Zen and the Art of Early Childhood Education” on Facebook, Twitter, YouTube and Instagram which reaches 1,000,000+ readers, offers a catalogue of online ECE teacher professional development courses and hosts Community Sing-a-Longs.

He is currently hard at work writing his first book chronicling the inspirational ideas, insights and perspectives he has collected from the thousands of early childhood professionals with whom he has worked and played around the world.

Early Childhood Professionals: The Heroes of Our Time

This powerful, fun, thought-provoking keynote address includes music, opportunities for reflection, interactive discussions with the audience about the stresses and triumphs of the early childhood teacher/caregiver, singing, poetry and (believe it or not) dancing in the aisles! Audiences come away cheering, energized and filled with honor for the unique contribution they are to society.

- Participants will reflect on a hero of their childhood, choosing descriptors of what made them heroic.
- Participant will apply those descriptors to the roles of early childhood professionals, reflecting on other participants' diverse examples.
- Using those descriptors as a starting point, participants will acknowledge and describe their fellow “heroes” in the room
- Participants will consider the possibility that they each meet the criteria for being a “hero” as a professional early childhood educator.



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CONFERENCE INFORMATION

EXHIBITOR JOURNEY MAP

Delegates will be given an 'Exhibitor Journey Map', a stamp card for visiting our exhibit vendors, for a chance to win a selection of exciting door prizes. To enter the draw, simply visit each exhibit to collect stamps on your card. Once your card is fully stamped, submit it at our door prize table to enter the draw and increase your chances of winning!

DOOR PRIZES

Simply by attending this event, you will automatically be entered for a chance to win one of our amazing door prizes! Want more chances to win? Play some games with us! Winners must be in attendance to win a door prize and take it home with them.

ILLUMINATE PLAY AWARD

Welcome to our first Annual Illuminate Play Award!

This award is offered to an exceptional Early Childhood Professional in Alberta, based on their dedication to being an Early Childhood Educator and advocating for Children's Right to Play!

CERTIFICATES

Attendees will receive an electronic certificate of participation, with 6 hours of professional learning, AFTER the conference upon completion of the post-conference feedback survey. Please keep an eye on your emails for our post-conference email!

ABOUT AECPCN

Discover the Alberta Early Childhood Play Connection Network (AECPCN). Exciting Play opportunities are on the horizon for Albertan ECEs as we expand our non-profit and advocacy efforts. Our goal is to deepen the understanding of the importance of Play and inspire ECEs across Alberta to increase their knowledge of Play and embrace Play in their professional practices.

Visit www.aecpcn.org



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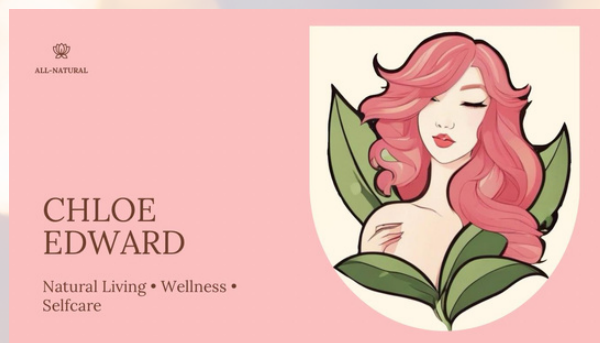
ILLUMINATE VENDORS



Brings People Together!



Since 2006 Founded On The Belief That We All Need More Fun At Work!



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